- Slow cooking is ideal for preparing tougher cuts of meat, giving them long, gentle simmering that ensures that they become tender and full of flavour.
- Slow cooking retains moisture. If you wish to reduce moisture in the cooker, remove the lid after cooking and turn the control to high (if set to low or auto) and simmer for 30 to 45 minutes.
- Many recipes demand all day cooking, if you do not have time to prepare food that morning, prepare it the night before and store the food in a covered container in the refrigerator. Transfer the food tot the ceramic pot and add liquid/stock. In most recipes, the meat is browned first to improve its flavour and appearance.
- Some ingredients are not suitable for slow cooking – pasta, seafood, milk and cream should be added towards the end of the cooking time. Many things can affect how quickly a recipe will cook like water and fat content, initial temperature or size of the food.
- Vegetables usually take longer to cook than meat, so try to arrange them in the lower half of the pot. Cut root vegetables into small, even pieces. Ensure that root vegetables are always placed at the bottom of the pot.
- All food should be covered with liquid, gravy or sauce.
- Pre-brown meant and onions in a pan to seal in the juices. This is not necessary if the time is limited, but improves the flavour. Trim all excess fat from meat before cooking as slow cooking method does not allow fat to evaporate.
- Do not leave uncooked food at room temperature in the slow cooker. Uncooked kidney beans must be soaked and boiled for at least 10 minutes to remove toxins before use in a slow cooker.
- Slow cooking retains moisture. If you wish to reduce moisture in the cooker, remove the lid after cooking and turn the dial to high and simmer for 30-45 minutes.

Cleaning and Maintenance

Before cleaning, switch off the slow cooker, unplug from power socket and allow it to cool completely.

- Clean the exterior surface of the slow cooker with a damp cloth and then polish with a soft dry cloth. Do not use steel wool pads or harsh/abrasive cleaners.
- Remove the toughened glass lid and ceramic pot from the base unit and clean in hot soapy water or place them in the dishwasher.
- Due to normal wear and tear the ceramic pot may start to appear ‘crazed’ – this is normal.
- Do not allow the ceramic pot to soak in water for a very long time – there is an area on the base of the ceramic pot that has to remain unglazed for manufacturing purposes. This area is porous and will soak up water when immersed in it. This should be avoided!
- If any foods have stuck to the bottom of the pot, simply fill the pot with hot soapy water and soak overnight and rinse the next day.

Technical Data

Model number	340728
Power supply	220-240V 50-60HZ
Power	160W
Capacity	2.5 Litres

- Do not switch the appliance on if it is empty.
- This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
- The mains lead should reach from the power socket without straining the connections.
- Do not let the cord hang over the edge of the worktop.
- Children should be supervised to ensure that they do not play with the appliance.
- Never allow children to operate this appliance.
- Unplug from the power socket when not in use, before putting on or taking off attachments and before cleaning and maintenance.
- The use of attachments or tools not recommended by the manufacturer may cause fire, electric shock or injury.
- Do not operate the appliance if it’s damaged or if it malfunctions.
- Do not attempt repairs, the appliance contains non user serviceable parts.
- Do not use the slow cooker other than for its intended use.
- Allow lid and ceramic pot to cool down first before cleaning.
- Do not subject the ceramic pot to sudden changes in temperature. Adding cold water to a very hot pot could cause it to crack.
- Do not allow the ceramic pot to stand in water for a long time (you can leave water in the pot to soak).
- Never cook directly in the base unit. Use the ceramic pot.
- Do not put the ceramic pot or glass lid in an oven, freezer, microwave or on a gas/electric hob.
- Do not use the ceramic pot or lid if cracked or chipped.
- The lid and ceramic pot are fragile. Handle with care.
- Do not leave the slow cooker connected to the socket outlet when not in use.
- Do not use the slow cooker to reheat food.
- Extreme caution must be used when moving the slow cooker when it contains hot food, water or other hot liquids.

Getting Started

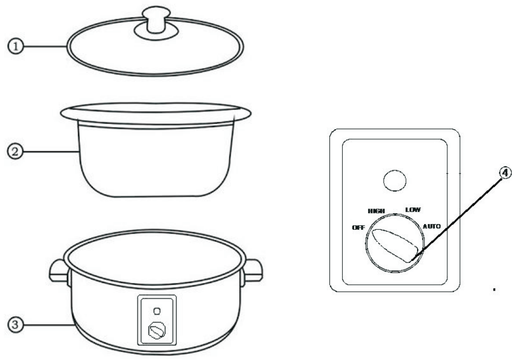
Remove all labels and tags from the product.

Wash the ceramic pot and ceramic lid in hot soapy water with a sponge or a dish cloth, rinse thoroughly and dry.

In The Box

Glass lid
Removable Ceramic Pot
Base unit with handle
Instruction manual

Description of parts



1.Glass lid with handle
2.Ceramic pot
3.Base unit
4.Control function

Instructions for Use

- Remove glass lid and ceramic pot and wash in hot soapy water and dry thoroughly before your first use..
- During initial use, the slow cooker may emit slight odour/smoke due to the burning off of the manufacturer’s residues. This is completely normal and will disappear after a few uses.
- Place food into the ceramic pot then cover with the glass lid. If you need to pre-cook or brown food prior to slow cooking, this must be done in a pan. Do not try to brown or pre-cook food in the slow cooker.

- Plug into a suitable power socket.
- Set the control function to low/high and cook for the recommended time given in the recipes.
- When food is ready, switch control function to off and unplug from power socket.
- If serving food from ceramic pot, place the ceramic pot on a heat resistant surface. Be careful to use oven gloves or a heat resistant cloth when removing the glass lid or handling the ceramic pot.

CAUTION: BE CAREFUL NOT TO TOUCH THE BASE UNIT DURING OR SOON AFTER COOKING AS IT WILL BE HOT.

Cooking guide

- During use allow a 2cm space between the top of the ceramic pot and the food to stop any overflowing during cooking.
- The ceramic pot must be at least half full for best results.
- The slow cooker works by building up heat and maintaining an even temperature. To get the best results, do not remove the lid unnecessarily as the built up heat will escape. Each time you remove the lid, allow an additional 10 minutes to the cooking time. The glass lid allows you to monitor the cooking progress without interrupting the cooking time.
- If cooking soups, leave a 5cm space between the top of the ceramic pot and the food surface to allow simmering.
- The control function offers low and high setting for cooking. This allows you to adapt the cooking time to your convenience.

High Setting	If you wish to shorten cooking period (4-6 hours)
Low Setting	If you wish to extend cooking period (8-10 hours)
Warm Setting	This is not a cooking setting but allows you to keep food warm after cooking. You can set to ‘warm’ for a maximum of 4 hours.

Tips for slow cooking

- Slow cooking has always been the best way to prepare a nutritious hot meal with minimum preparation and maximum free time away from the kitchen.
- Traditionally slow cooking was for soups and casseroles but with this slow cooker you can produce most modern family meals. The ceramic pot is convenient as well as you can take straight to the table for serving. (ALWAYS place the ceramic pot on a heat proof mat or surface).

Guarantee

This product is guaranteed for twelve months from the date of original purchase.

If any defect should occur due to faulty materials or workmanship, the unit will either be replaced or refunded at our discretion.

You will need to have your receipt or proof of purchase.

The following conditions apply:

- The product must be returned to the retailer with original proof of purchase.
- It is only valid in the UK.
- It does not cover wear and tear, damage, misuse or consumable parts.
- The product must be correctly installed and operated in accordance with the instructions contained in the instruction manual.
- The product must be used solely for domestic purposes.
- The guarantee will be rendered invalid if the product is re-sold or has been damaged by inexpert repair.
- The guarantee is in addition to, and does not diminish your statutory or legal rights.

PROLEX

2.5L SLOW COOKER

340728



Safety Instructions

READ ALL INSTRUCTIONS BEFORE USING AND RETAIN FOR FUTURE REFERENCE

- This product has been designed and manufactured to meet European safety standards, but like any electrical equipment, care must be taken if you are to obtain the best results and safety is to be assured.
- Do consult your dealer if you are ever in doubt about the installation, operation or safety of your product.
- Don’t remove any fixed covers as this may expose you to dangerous voltages.
- Don’t continue to operate the product if you are ever in doubt about it working normally, or if it is damaged in any way. Switch it off, withdraw the plug from the mains and consult your dealer.
- There are no user serviceable parts in the product. When servicing, refer to qualified service personnel.
- Don’t use the product in humid or damp conditions or allow it to be exposed to rain or moisture.
- Store the product in a clean, dry environment.
- Position the power cable and other connected cables so that they are not likely to be walked on, pinched or where items can be placed on or against them.
- Never allow children to insert foreign objects into holes or slots on the product.
- Disconnect the product from the mains supply before cleaning.
- Don’t use any liquids or aerosol cleaners, as this may damage the product. Use a soft, dust free cloth.
- Make sure that other people in your household are conversant with operation of the product.
- This appliance is intended for household use only.
- Check that the voltage on the rating plate of your appliance corresponds with your house electricity supply.
- For indoor use only - do not use outdoors or near water.
- Place the appliance on a flat, stable, heat resistant surface, away from heat source and where it cannot be splashed by water.
- Keep the appliance and cord away from any hot gas, electric burner and heated oven.
- Allow adequate air space above and on all sides for air circulation.
- Do not use under cupboards or shelves.
- Do not touch hot surfaces during operation or before it cools. Use handles or dials.
- The use of oven gloves or a cloth is recommended when removing lid or handling contents.
- Extreme caution must be used when moving an appliance containing hot food, water or other hot liquids.
- To protect against the risk of electric shock, do not put the base in water or in any other liquid.
- Never cook directly in the base unit. Use the ceramic pot.
- Do not use ceramic pot or glass lid if they are cracked or chipped.

UK Plug Wiring Instruction

The wires in the mains lead are coloured in accordance with the following code:

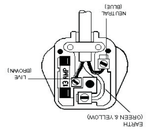
BROWN	:	LIVE (L)
BLUE	:	NEUTRAL (N)
GREEN/YELLOW	:	EARTH (E)

As the colours of the wires in the mains lead of this appliance may not correspond with the coloured markings identifying the terminals in your plug, as follows:

- The BLUE wire is the NEUTRAL and must be connected to the terminal which is marked with the letter N or coloured BLACK.
- The BROWN wire is the LIVE and must be connected to the terminal that is marked with the letter L or coloured RED.
- The wire which is coloured GREEN/YELLOW must be connected to the terminal which is marked E or the earth symbol ⏚ or coloured GREEN or GREEN/YELLOW.
- Always ensure that the cord grip is positioned and securely fastened.

WARNING: THIS APPLIANCE MUST BE EARTHED.

If a 13A (BS1363) fused plug is used it must be fitted with a BS1362 13A fuse. If in doubt consult a qualified electrician.



Guidelines for protection of the environment

This appliance should not be put into the domestic garbage at the end of its useful life, but must be disposed of at a central point for recycling of electric and electronic domestic appliances. This symbol on appliance, instruction manual and packaging puts your attention to this important issue. The materials used in this appliance can be recycled. By recycling used domestic appliances you contribute an important push to the protection of our environment. Ask your local authorities for information regarding the point of recollection.

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